

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2022

	<p>1 11:00 Tea &amp; Talk w/Chaplin Michelle The Chapel &amp; Community Room <b>3:30 Corn Hole SR</b> 4:30 Quill Dining <small>Mardi Gras</small></p>	<p>2 10:00, 1:30 Grocery Shopping  11:11 Fireside Chat The Chapel &amp; Community Room <small>Ash Wednesday</small></p>	<p>3 <b>10:00 Shopping at Tanglewood Mall &amp; Lunch at Chicken Salad Chick</b></p>	<p>4 11:11 Fireside Chat "Physical Wellpower" The Chapel &amp; Community Room  1:30 Bridge SR</p>	<p>5   4:30 Quill Dining</p>	
<p>6 10:00 Sunday Service The Chapel &amp; Community Room  11:00 Brunch AC</p>	<p>7 11:11 Fireside Chat The Chapel &amp; Community Room  <b>Hope for Humanity 2:00 RR</b></p>	<p>8 11:00 Tea &amp; Talk w/Chaplin Michelle The Chapel &amp; Community Room <b>3:30 Healthy Living SR</b> 4:30 Quill Dining</p>	<p>9 10:00, 1:30 Grocery Shopping  11:11 Fireside Chat The Chapel &amp; Community Room <b>2:30 Bingo SR</b></p>	<p>10 <b>10:00 Leap Market LL</b>  <b>10:00 Active Shooter Preparedness Training RR</b></p>	<p>11 <b>10:00 Walk The Mall at Tanglewood</b>  1:30 Bridge SR</p>	<p>12 <b>St. Patrick's Day Parade Downtown Roanoke 8:00</b>  4:30 Quill Dining</p>
<p>13 10:00 Sunday Service The Chapel &amp; Community Room  11:00 Brunch AC <small>Daylight Saving Time Begins</small></p>	<p>14 11:11 Fireside Chat The Chapel &amp; Community Room  <b>Hope for Humanity 2:00 RR</b></p>	<p>15 11:00 Tea &amp; Talk w/Chaplin Michelle The Chapel &amp; Community Room <b>1:00 Community Safety Council TC</b> 4:30 Quill Dining</p>	<p>16 10:00, 1:30 Grocery Shopping  11:11 Fireside Chat The Chapel &amp; Community Room <b>2:00 Game Time R52</b> <small>Purim Begins</small></p>	<p>17 <b>10:00 Ladder Toss TC</b> <b>2:00 Town Hall</b> The Chapel &amp; Community Room <b>4:30 Mill Mt. Night Howls</b> <small>St. Patrick's Day</small></p>	<p>18   1:30 Bridge SR</p>	<p>19 <b>Stoney Brook Vineyard 1:30</b>  4:30 Quill Dining</p>
<p>20 10:00 Sunday Service The Chapel &amp; Community Room  11:00 Brunch AC <small>Spring Begins</small></p>	<p>21 11:11 Fireside Chat The Chapel &amp; Community Room  <b>Hope for Humanity 2:00 RR</b></p>	<p>22 11:00 Tea &amp; Talk w/Chaplin Michelle The Chapel &amp; Community Room <b>3:30 Corn Hole TC</b></p>	<p>23 10:00, 1:30 Grocery Shopping  11:11 Fireside Chat The Chapel &amp; Community Room <b>2:30 Bingo SR</b></p>	<p>24 <b>10:00 Leap Market LL</b></p>	<p>25 <b>10:00 Ikenberry Country Store Shopping &amp; Cracker Barrel for lunch</b>  1:30 Bridge SR</p>	<p>26   4:30 Quill Dining</p>
<p>27 10:00 Sunday Service The Chapel &amp; Community Room  11:00 Brunch AC</p>	<p>28 <b>10:00 Coffee Hour SR</b> 11:11 Geese Speak The Chapel &amp; Community Room <b>Hope for Humanity 2:00 RR</b></p>	<p>29 11:00 Tea &amp; Talk w/Chaplin Michelle The Chapel &amp; Community Room  4:30 Quill Dining</p>	<p>30 10:00, 1:30 Grocery Shopping  11:11 Fireside Chat The Chapel &amp; Community Room</p>	<p>31 <b>12:30 Shenandoah Room Luncheon</b>  <b>3:30 Bocce Ball OL</b></p>	<p><b>Knollwood &amp; Lake Estates</b></p>	

# MARCH

## Chaplain's Corner

### Words That Describe Your Life

Years ago *Smith Magazine* ran a contest asking readers to sum up their life in six words.

The best responses were published in book called *Not Quite What I Was Planning*.

Here are a few that were noteworthy.

Heather Thomson wrote: *Head in books, feet in flowers.*

Steve McMullen wrote: *Married childhood*

*sweetheart. Two kids. Content.*

Richard Merrington wrote: *Wasted my whole life getting comfortable.*

John Doyle wrote: *Bored, so bored, so very bored.*

Ray Kemp wrote: *Trust me, I did my best.*

Gillian Smellie wrote: *Ditched the map, found better route.*

I wonder how some of the people in the Bible might have summarized their lives.

**Noah** might have said, "Built a boat; life goes on."

**David** might have said, "Killed a giant; saved a kingdom." **Or** he might have summed up his life

this way: "The Lord is all I need."

**Jesus** might have said, "To seek and save the lost,"

**or** "To give abundant life to all," **or maybe just,**

"For God so loved the world."

**Peter** might have said, "Took chances, failed often, experienced power."

I love what Paul said in 2 Timothy 4: 7-8 *I have*

*fought the good fight, I have finished the race, I*

*have kept the faith. 8 Now there is in store for me*

*the crown of righteousness, which the Lord, the*

*righteous Judge, will award to me on that day--*

*and not only to me, but also to all who have longed*

*for his appearing*

What words would describe *your life* - how might

you summarize your journey?

Blessings Chaplain Gary

## Birthdays

**Harry Pilling 2<sup>nd</sup>**

**Mary Bayse 13<sup>th</sup>**

**Walter Ferguson 19<sup>th</sup>**

**Iris Grayson 20<sup>th</sup>**



## Physical Wellness Program Channel 62 Class Schedule

Day	Time	Class
<b>Monday</b>	10-	Body
	10:45am	Rejuvenation
2-	2:30pm	Chair Yoga
<b>Tuesday</b>	9-	Balance &
	9:30am	Stability
1-	1:30pm	Easy Does It
<b>Wednesday</b>	10-	Body
	10:45am	Rejuvenation
2-	2:30pm	Chair Yoga
<b>Thursday</b>	9-	Balance &
	9:30am	Stability
1-	1:30pm	Easy Does It
<b>Friday</b>	10-	Body
	10:45am	Rejuvenation
2-	2:30pm	Chair Yoga
<b>Saturday</b>	10-	Body
	10:45am	Rejuvenation
1:30-	2pm	Easy Does It
2-	2:30pm	Chair Yoga
<b>Sunday</b>	1:30-	Easy Does It
	2pm	
2-	2:30pm	Chair Yoga

## Activity Key

AC- Anser Café

TC-Town Center

AR-Alleghany Room Oaks

TQ-The Quill

KW-Knollwood

TV-The Villas

LB-Library KW104

LL-Lower Lake

LR-Lake Retreat

OL-Oaks Lawn

R52-Roost 52

RC-Ridgecrest

RR-Regency Room RC

SR-Shenandoah Room